



ST. XAVIER'S COLLEGE (AUTONOMOUS)
PALAYAMKOTTAI - 627 002
(Recognized as "College with Potential for Excellence" by UGC &
Accredited by NAAC at A++ Grade with a CGPA of 3.66 out of 4)



ANNUAL REPORT 2022-2023

SERVICE ORGANIZATION

CENTRE FOR WOMEN STUDIES

The Centre for Women Studies introduced a 30 hour Certificate course on Dress Designing and Tailoring for the Women students of the college. The course intends to promote self sufficiency and entrepreneurship. Dr. S. Mary Jelastin Kala is the course coordinator. About a hundred students have enrolled in the course. The Centre plans to offer an advanced course in the upcoming year. Centre is grateful to our Respected Secretary, Rev. Fr. Dr. Pushparaj Gnanasamy S. J. for creating a venue near Rev. Fr. Caussanel Hall for re-establishing Vinnarasi Tailoring Institute.

In collaboration with the Research Department of English, two 30 hour Certificate courses were offered to the women students of the college, "Soft Skills for Women Empowerment" and "Social Skills for Women Empowerment". The certificate courses can be availed by interested students outside their class hours.

The course, "Soft Skills for Women Empowerment", is a remedial programme for developing language skills, keeping in mind the specific needs of first generation learners with Tamil medium of school education. The course focuses on the four language skills, listening, speaking, reading and writing in English along with a basic introduction and orientation to Health and Nutrition, Women and Law and Women welfare schemes. The course also discusses self-assessment, self-esteem, EQ, goal setting, career planning, problem solving techniques, self-discipline and resource management (Time management, Personal finance) with the aim of developing a strong dynamic personality.

The course, "Social Skills for Women Empowerment" aims to create a clear understanding of the politics and impact of socially determined gender identities, with reference to the place and roles of women in patriarchy. The course also offers orientation to self-assessment, self-esteem, EQ, goal setting, career planning, problem solving techniques, self-discipline and resource management (Time management, Personal finance) towards building a strong, integrated personality. Besides, it offers students an orientation to health and nutrition, women and law, women welfare schemes, women and media, and women and entrepreneurship.

During the Centenary Exhibition held between 30.01.2023 and 03.02.2023, the Centre's display was designed and managed in an exemplary manner by Ms. M. Pavithra (21UEN105), Ms. M. Bershe (21UEN106), Ms. Asmitha Sahanaas J. (22UEN109), Ms. J. Iruthaya Sahayam (22UEN148), Ms. J. Shanthi (22UEN137) and Ms. P. Mercy Soundarya (22UEN103). The Centre runs a blog, *Phoenix*, to showcase the creative thoughts pertaining to gender sensitisation.